“Building the Future of Health: An Equity Lens”

2022 Health Leadership Conference
May 3 - 5, 2022
Coral Gables, FL
Speaker

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DEFINITIONS

**HEALTH EQUITY*** - when every person has the opportunity to “attain his or her full health potential” and no one is “disadvantaged from achieving this potential because of social position or other socially determined circumstances.”

**HEALTH DISPARITIES*** – “preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations.”

*Centers for disease control (CDC)*
Root Causes of Health Disparities

- Racism and Discrimination
- System and Policy Level Structural Drivers of Health
- Population and Community Level Social Drivers of Health
- Health Care System & Organizational Level
- Individual Level
RACISM AND DISCRIMINATION
SYSTEM AND POLICY LEVEL
(STRUCTURAL DRIVERS OF HEALTH)
POPULATION AND COMMUNITY LEVEL
(SOCIAL DRIVERS OF HEALTH)
HEALTH CARE SYSTEM & ORGANIZATIONAL LEVEL
INDIVIDUAL LEVEL
<table>
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<tr>
<th>HEALTH INEQUITIES</th>
<th>SOCIOECONOMIC</th>
<th>DISEASE SPECIFIC</th>
<th>RACISM/CONSCIOUS OR UNCONSCIOUS BIAS</th>
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<td>• The richest 1 percent of the U.S. population lives approximately 14.6 years longer than the poorest 1 percent.</td>
<td>• Hispanics/Latinos experience disproportionately high rates of diabetes, metabolic syndrome, and end stage renal disease</td>
<td>• &gt; 56% of LGB, &gt;70% of transgender individuals and &gt; 90% of people with disabilities report experiencing discrimination in a healthcare setting</td>
<td>• 70,000 + excess annual deaths in Black Americans (~200/day)</td>
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People of color are projected to make up over half of the U.S. population as of 2050.

Projected Distribution of U.S. Population by Race/Ethnicity, 2020 and 2050

NOTE: All racial groups are non-Hispanic. Other includes Native Hawaiians and Pacific Islanders, American Indian and Alaska Natives, and individuals with two or more races. Data do not include residents of Puerto Rico, Guam, the U.S. Virgin Islands, or the Northern Mariana Islands.

“An Iconic Moment of Truth”
NHC Policy Recommendations

BUILDING THE FUTURE OF HEALTH: AN EQUITY LENS

1. Advocate for equitable access to affordable and comprehensive health insurance coverage;
2. Promote an inclusive, equitable, accessible, and high-quality care delivery system;
3. Partner with organizations that have a track record in addressing social determinants of health to reduce health disparities; and
4. Collaborate with the biomedical and health-services research and the health economics ecosystem to support equity in development and valuation of new and innovative treatments and services.
Call to **Action!**

**BUILDING THE FUTURE OF HEALTH:**

**AN EQUITY LENS**

1. Lead by example: Authentically demonstrate equity as a value in your own organization;
2. Equitably allocate your time and resources to individuals and communities with the greatest needs;
3. Claim your rightful place at the table AND be *IN* “the room where it happens”;
4. Meet your constituents wherever they are BUT…
THE FIERCE URGENCY OF NOW
BUILDING THE FUTURE OF HEALTH
THE TIME IS NOW!

“It is time for a complete transformation of the health care system to promote unbiased structures and processes to advance equitable access to quality health care for all.”

-NHC Consensus Statement December 2020
Thank You......Questions?

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