



# Domains and Values: Reducing Health Care Costs for Patients

## Domains

## Values

### Promote High-Value Health Care

- Integrate the perspectives of patients with chronic conditions and disabilities on how value is defined
- Promote care coordination, health promotion, adherence, prevention, and disease management
- Ensure costs for health care products and services align with their value to patients and the health care system
- Reward providers for efficiency and effectiveness on the basis of outcomes that matter to patients
- Provide patients with adequate and transparent options for comprehensive and appropriate coverage and care
- Ensure affordable and predictable out-of-pocket costs
- Support mechanisms that share risk across plans appropriately for all patients, including those high-risk patients with chronic conditions

### Stimulate Research and Competition

- Encourage early and continuous engagement of patients with chronic conditions and disabilities throughout the research continuum
- Promote competition to drive lower-cost and higher-quality products and services
- Support the development and use of patient-reported and patient-identified outcomes
- Promote research that evaluates health-system level approaches to improving value in health care
- Support comparative effectiveness research that involves patient engagement and is useful at the point of care
- Facilitate research collaborations, data sharing, and clinical trials efficiency

### Curb Costs Responsibly

- Ensure cost-containment strategies do not adversely affect patient safety, access, or outcomes
- Promote solutions that view total health care costs over the long term, rather than short term
- Encourage meaningful transparency on health care costs and prices to drive informed action by patients and providers
- Reduce use of duplicative and ineffective services
- Seek to eliminate waste, fraud, and abuse in the system