The Value of Access to Care for People Living with Chronic Disease

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Chair, Partnership to Fight Chronic Disease
AN INTERNATIONALY-RECOGNIZED ORGANIZATION OF PATIENTS, PROVIDERS, COMMUNITY ORGANIZATIONS, BUSINESS AND LABOR GROUPS, AND HEALTH POLICY EXPERTS COMMITTED TO RAISING AWARENESS OF THE NUMBER ONE CAUSE OF DEATH, DISABILITY, AND RISING HEALTH CARE COSTS: CHRONIC DISEASE.

- Educate the public about chronic disease and potential solutions for individuals and communities
- Mobilize Americans to call for change in how government, employers, and health institutions approach chronic disease
- Engage with policy makers on health policy changes that are necessary to effectively fight chronic disease
PFCD’s Policy Platform

- Prioritize Prevention and Management of Chronic Conditions.
- Encourage Continued Innovation in Treatment and Delivery of Health Care.
- Improve Access to Recommended Care.
- Promote Health Across Generations.
- Translate Knowledge into Action.
What Is Driving Health Care Costs?

Research Article
It is Not Just the Prices! The Role of Chronic Disease in Accounting for Higher Health Care Spending in the United States
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Keywords:
- Healthcare spending
- Chronic disease: Prevalence:
  Diabetes: Cardiovascular disease: Cancer

A Healthier Country Means Lower Health Care Spending
The U.S. spends twice as much per person on health care compared to other wealthy countries. While higher U.S. health care prices play a role in this disparity, they are not the only cause. A new NPC study found that the U.S. has substantially higher rates of chronic diseases, contributing to increased health care spending in the U.S.
**Advancing Health Equity Could Save TRILLION$**

**HEALTH EQUITY SAVINGS FROM ACHIEVING RECOGNIZED HEALTH TARGETS**

**By Race and Ethnicity over 10 Years**

<table>
<thead>
<tr>
<th>SAVINGS ACHIEVED FROM IMPROVING DISEASE CONTROL FOR SELECT CHRONIC CONDITIONS</th>
<th>NON-HISPANIC</th>
<th>HISPANIC</th>
<th>TOTAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total medical cost savings from improved control</td>
<td>WHITE $1.6 T</td>
<td>BLACK $424 B</td>
<td>ASIAN $82 B</td>
</tr>
<tr>
<td>Total savings from reducing absenteeism (missed work)</td>
<td>WHITE $664 B</td>
<td>BLACK $115 B</td>
<td>ASIAN $55 B</td>
</tr>
<tr>
<td>Total US Savings (10 years)</td>
<td>WHITE $2.3 T</td>
<td>BLACK $539 B</td>
<td>ASIAN $137 B</td>
</tr>
</tbody>
</table>
Advancing Health Equity

**SOLUTIONS**

### IMPROVE ACCESS TO PRIMARY CARE

<table>
<thead>
<tr>
<th>PRIMARY CARE HEALTH PROFESSIONAL SHORTAGE AREAS:</th>
<th>US Population Living in a Health Professional Shortage Area</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="health_professional.png" alt="Health Professional" /></td>
<td><strong>84 million</strong></td>
</tr>
<tr>
<td>% of Primary Care Professional Access Need Met</td>
<td><strong>46%</strong></td>
</tr>
</tbody>
</table>

**SOLUTIONS INCLUDE:**
- Address shortages and enhance workforce diversity
- Build on telehealth success

Source for shortage data: Kaiser Family Foundation, Primary Care Health Professional Shortage Areas as of Sept. 2021.

### POTENTIAL POLICY SOLUTIONS:
- Addressing high out-of-pocket costs
- Reducing the prevalence of high deductible health plans
- Capping or eliminating out-of-pocket costs for chronic disease medicines to improve access and adherence to medicines for all populations and close health disparities gaps
Recognizing the Value of Innovation

How can we socialize the holistic value of new treatments?

Health Affairs

Accelerated Approval Drugs Are Not Driving Medicaid Spending

Kenneth E. Thorpe, Thomas L. Johnson

JUNE 3, 2022

10.1377/forefront.2022
Exposing Barriers to Access

Need a new drug? You may be asked to ‘fail’ an old drug first

Health Insurance Access Barriers: A National Scorecard

JANUARY 2023

Study:
Most health plans & PBMs FAIL patients with autoimmune diseases.

Let My Doctors Decide

6 in 10 health plans & PBMs FAIL. Does your coverage make the grade?

Let My Doctors Decide
Navigating a Path Forward for Patients

- Invest in prevention
- Make lower out of pocket costs a reality
- Focus on improved health outcomes across demographics
- Collaboration is critical