Getting very sick (being severely ill) with COVID-19 means that a person is more likely to be hospitalized, need intensive care, require a ventilator to help them breathe, or die.

Factors that affect your risk of getting very sick from COVID-19 include:

1. Being over 65 years old.
2. Being immunocompromised.
3. Having an underlying medical condition, including chronic health conditions such as heart disease, lung disease, diabetes, cancer, and mental health conditions.
4. Being overweight or obese.
5. Being pregnant.
7. Having a weak immune system.
8. Having certain medications that can weaken the immune system.
9. Having a history of smoking.

Underlying medical conditions associated with higher risk for severe COVID-19: information for healthcare professionals.

If you have a kidney transplant, continue anti-rejection medications as prescribed by your healthcare provider, wash your hands frequently, and maintain good hygiene. If you need emergency care, call 911 right away.

If you have symptoms of COVID-19, get tested immediately. If you test positive, follow recommendations for what to do if you test positive for COVID-19 or have symptoms of COVID-19.

If you are at high risk for COVID-19 and need to be on dialysis, you must contact your healthcare provider immediately.

If you have advanced CKD and need dialysis or a kidney transplant, you are at higher risk for severe COVID-19.


References


8. Underlying medical conditions associated with higher risk for severe COVID-19: information for healthcare professionals.


10. Getting very sick (being severely ill) with COVID-19 means that a person is more likely to be hospitalized, need intensive care, require a ventilator to help them breathe, or die.


