**WHO EXPERIENCE A PULMONARY EMBOLISM COMMONLY HAVE THE FOLLOWING RISK FACTORS, WHICH ARE ALSO KNOWN TO INCREASE THE RISK OF BECOMING VERY SICK FROM COVID-19:**

- **Heart disease**
- **Cancer**
- **Chronic lung disease**

While the exact number of people affected by DVT or PEs is unknown, as many as 100,000 people could be affected each year in the United States.

**WHAT YOU CAN DO**

- **Talk to your healthcare provider about potential treatment options if you test positive for COVID-19 or have signs or symptoms of COVID-19.**
- **Seek care when needed**
- **Increase space and distance (avoid crowded places) when possible**
- **Wear a mask or respirator (for example, N95)**
- **Avoid contact with people who have suspected or confirmed COVID-19.**
- **Seek treatment if you have COVID-19 and are at high risk of getting very sick.**
- **Stay home if you have suspected or confirmed COVID-19.**
- **Stay up to date with COVID-19 vaccinations including boosters.**
- **Continue medications as prescribed and do not delay getting care for any existing medical conditions.**
- **Take preventative measures**

**ADDITIONAL REMINDERS FOR PEOPLE AT HIGH RISK FOR SEVERE ILLNESS FROM COVID-19**

The Factors to Consider in Choosing and Representing COVID-19 vaccinations also include information on how to continue protecting your own and others' health.

1. **Take preventative measures**
   - **Stay up to date with COVID-19 vaccinations including boosters.**
   - **Seek care when needed**
   - **Increase space and distance (avoid crowded places) when possible**
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   - **Stay up to date with COVID-19 vaccinations including boosters.**

2. **Care for who you love**
   - **Call your healthcare provider if you have any concerns about medical conditions or about having COVID-19.**
   - **Seek help if you are at high risk of getting very sick.**
   - **Avoid contact with people who have suspected or confirmed COVID-19.**
   - **Wear a mask or respirator (for example, N95).**
   - **Increase space and distance (avoid crowded places).**

3. **Continue medications and prescriptive care**
   - **Take all medications as prescribed and do not change your treatment plan without talking to your healthcare provider.**
   - **Have a list of your supplies of medications (such as insulin, medications for asthma or high blood pressure, medications for diabetes or heart disease) ready.**
   - **Follow your current treatment plan to keep your medical condition under control.**
   - **Take medications as prescribed and do not delay getting care for any existing medical conditions**

4. **Accommodate dietary needs and avoid triggers**
   - **Have food options readily available that last for a long time without spoiling, and meet your needs based on your medical condition.**
   - **Identify and avoid any dietary triggers based on your medical condition and avoid them if possible**

5. **Continue regular care**
   - **Assess your ability to continue regular care**
   - **Identify any concerns about medical conditions or about having COVID-19.**
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